

Let's have some fun!!

WELCOME TO THE MBA!



What is the MBA?

(Massena Basketball Association)

- *Organized and Nurturing Instructional Basketball Program for Massena Youth*

- *Objective: Emphasize Sportsmanship and HAVE FUN!*



Leagues:

- Instructional Basketball
 - K-1 Mixed
- House League
 - 2nd-3rd Mixed
 - 4th-6th Mixed
- Travel League
 - 5th-6th Girls
 - 5th-6th Boys
 - 7th-8th Girls
 - 7th-8th Boys



K-1st Instructional Basketball

- Season is mid-November to early February
- Instructs children on basketball basics and **PROPER FUNDAMENTALS**
 - Gets them active and moving
 - Gets them thinking
 - Gets them learning and improving
 - Gets them interacting with other children
 - Gets them having fun!
- Players and Coaches Appreciation Party at end of season



House League

- Season from beginning of November to mid-February (Week before school's mid-winter break)
- Co-ed (2nd-3rd and 4th-6th grade)
- Practices and Games
 - Teach proper fundamentals!
 - Implement fundamentals and concepts into actual play
 - Either have 1 practice and 1 game per week or 2 games per week
- Players and Coaches
Appreciation Party at end of season



Travel League

- Competitive league with tryouts
- Massena teams travel and play other schools in the area
- Teams also make overnight trips to attend tournaments (usually within 200 miles)
- Host Annual Frank West Tournament
- Practices
 - About 2 practices a week
 - Practice and improve fundamentals
 - Learn plays and how to improvise them by reading the court based on the defense



We are always looking for volunteers!!

- Coaches
- Assistant coaches
- Referees
- Board members
- Concessions
- More...



Harlem Wizards

(Hosted in 2010 and 2011)



Players and Coaches Appreciation Day



Looking forward to seeing you next season!!

